# コース

# The Aleph Bet

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Aleph — No-thing All, the abstract principle of the primal source of all that is and nothing that is anything. Intermittent spark of Life, Number 0-1-0-1-0

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Bet – dwelling place, every container supporting every possible formation. Number 2

#### ו

Gimel – fluidity, every conduit carrying fluid movement, exchange between containers. Number 3

#### ٦

Dalet – quaternity, resistance to dissolution, the female breast and nipple, every nourishing object: awakening of spiritual sensitivity in the body. Number 4

#### $\Pi$

Hay – Breath, Life, opening possibilities. Together with Dalet, Hay plays the game of Life. Number 5

#### ٦

Vav – that which connects, the spine, the phallus in men, the clitoris in women: that which penetrates space, through the six directions of space. Number 6

#### 7

Zayin – to take flight, to take wing, spear, arrow. Freedom: The opening up of the infinite potential of every impregnation. Number 7

#### П

Hhet – the unified field, the source of all undifferentiated Life, containing the potential of all energetic patterning. Unstructured Life-force that becomes substance. Number 8

#### 77

Tet – The primal feminine, to protect life, holding a space, protective structuring. Number 9

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Yod – Seeding seed of existence: to exist, unique seed of Aleph. Number 10

Kaph – Shaping palm of hand, cupped hand receiving, shaping through indwelling. Number 20

# 5

Lamed – Movement, the uplifting leg, the outstretched wing, the herders crook giving direction, will to move. Number 30

#### 2

Mem – Blood waters, sea of formative powers, ocean of life, originator of Life in fluid spacious form. Number 40

#### 1

Nun – Generative power of Life. Individual existences. Number 50

### 0

Samek – The feminine sexual energy, female fertility - vagina, circulatory momentum and movement. Number 60

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Ayin – Eye, all seeing, non-conceptual knowing. Vision of Zayin 7, seeing possibilities. Number 70

#### $\Xi$

Phay – Mouth, sequential patterns, speech and song. Number 80

### 3

Tzaddi – Womanhood, feminine structuring of Life. Number 90

7

Koph – Exalted Aleph fulfilled, the destroyer of all forms, destroyer of illusions. Number 100

Raysh – Cosmic dwelling, Cosmic container of all existence, shaping through indwelling, curvature of space-time. Number 200

### Ü

Shin – The Divine Fire, spirit-breath of Elohim: Primal flaring forth of Life in essence carrying through into making. Number 300

### $\Box$

Tau — Resistance to Aleph, Death into timeless renewal: Renewal of all life in formation and its making. Number 400

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Kaph Final - exalted Cosmic shaping. Number 500

Mem Final – Mother Waters of all Life. Cosmic fruitfulness – Womb of spacious creativity. Number 600

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Nun Final – Cosmic interplay of generative Life. Number 700

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Phay Final – Cosmic patterning. Number 800

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Tzaddi Final – Transfigured feminine: Woman who greets the Sun. Number 900



Enlarged Aleph, fulfillment, return to the source of formless essence of All that is and No-thing that can be said to be anything. Number 1000

### The Letter-number grid for meditation

Read from right to left
The letter-numbers should also be contemplated through their vertical connections, from singles to tens and to hundreds.



Enlarged Aleph - 1000



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To Live in the Question

No-psychological past, no more personal history making: Unknowing, to live in the point of the creative pressure of life



First Born: New fruit, to rise with the dawn, arise as the dawn, to create and shape life as the Sun (Stars) – from individual to universal – universal to individual.



To sit upright – flowing spine: Flow of long hair, an aura of (3) flowing motion (30) directed into formation and making: (300) the circuit of Divine Fire carrying the seeding seeds into their creative generations of patterning.



(4) Four-dimensional space: Door – an opening between worlds: nurturing Life into (40) the sea of forms, the ebb and flow of the blood waters – ageless, of blood (Dam) and of death into continual rebirth (Mot) (400).



To behold – to be awakened as (5) Breath of Life. To be struck speechless, awe struck – mind suspended by temporary shock, or by an illness where compulsive activity of the conceptional mind is suspended or diminished: The Awe of the revealed beauty in (50) generations of diversifying creatures (500) shaping universal life through their presence.



(6)The six directions of space, the awakened spine into sexual-creativity: (60) creative Sexual energies, male-female co-creation – (600) fecundity and proliferation as (600) the Mother Waters of all Life.

Of spice and incense for healing and cleansing.



(7) To take flight into exquisite forms, intelligent and awake, (70) watchful and alert, the all seeing eye of Elohim: and the fully realized Human incarnating JHVH into (700) Cosmic generations of Life.



(8) Formless unified field "hidden" – non-visual, non-visualizable (80) Patterning of individual and (800) universal Life resonating one to the other.



- (9)The primal feminine: to hold to protect the potential for the creative matrix of life: Creative space for the structuring of formation and making of Life to develop into perfection (not fixed or finished) ever onward flow of Life.
- (90) Nurturing the complex structuring of Life into fruition. Bringing the nesting places into conscious awareness.
- (900) The woman who greets the Sun to become conscious of your awakened spine as a living Tree of Life. All nesting places full of abundant life.
- (90-900): the individual and the universal structuring of Life resonating one to the other.